

FIRST THEN BOARDS

WHAT ARE FIRST THEN BOARDS?

A 'first-then' board is a visual support that includes objects, photos, pictures, drawings or text and is used to provide information to your child around an expectation.

The 'first' section involves a task that your child is expected to complete, and the 'then' section should always be a preferred item/activity for successful completion of the indicated task.

WHY ARE THEY IMPORTANT?

- increase independence
- provide predictable environments/activities
- clarify expectations while providing sequencing of events
- support transitions (activity to activity or between locations)
- reduce verbal information (prompts) provided to child
- increase motivation for completing a task/activity
- prepare the child for using a visual schedule.

EXAMPLES

